

Flu Shot Clinics for adult plan members

Free and available to Montana University System

Adult Medical Benefit Plan participants only

(Adult is defined as 18 and older)

**worth one WellAwards credit!*

Shots given by Helena COT Nursing students

2 choices of dates and times:

October 22, 2009

6:45-10am

Employee WellCheck at the Helena COT

October 30, 2009

1-2:30pm

OCHE

